

Bowling Restrictions

Guidelines for bowling limitations for pace bowlers have been set by Cricket Australia and adapted by the NSWDCa and the MWJCA.

Those limitations are shown below and are set for the player's age, not the age group. E.g.: if you are 12 years old playing in the under 13 age group you are only permitted to bowl 48 deliveries (8 overs) in an innings. A further 24 balls (4 overs) may be bowled - only if the match goes to a second innings.

It is the coach's responsibility to ensure that all "spells" between overs and other bowling rules, restrictions and safety precautions apply and are adhered to.

	U/10	U/11	U/12	U/13	U/14	U/15	U/16	U/17	U/18
Maximum Overs Per Spell	4	4	4	5	5	6	6	6	6
Maximum Overs Per Innings	8	8	8	10	10	12	12	12	12
Maximum Overs Per Day	12	12	12	15	15	18	18	18	18